



Eczema



	AM	PM
Light Foaming Cleanser.....	✓	✓
Hyaluronic Acid Gel.....	✓	✓
Ceramide Barrier Cream.....	✓	✓
Mineral SPF 50 Sunscreen.....	✓	



Keratosis Pilaris



	AM	PM
Medi Wash.....	✓	✓
AHA+BHA Peel Pads	✓	✓
Ceramide Barrier Cream.....	✓	✓

Note: Add prescription steroids if there is itching as needed.

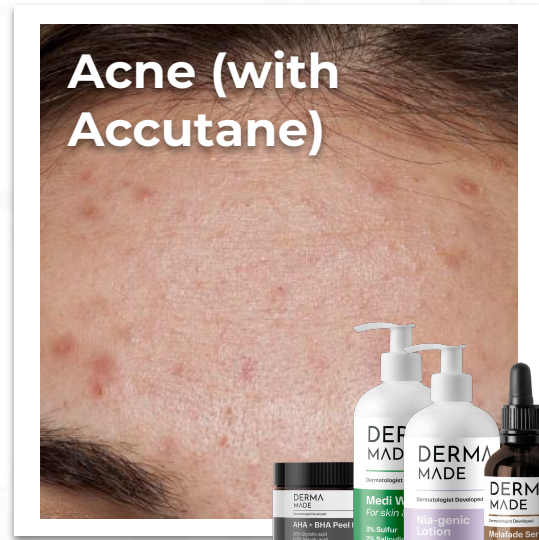


Acne (without Accutane)



	AM	PM
Medi Wash.....	✓	✓
AHA+BHA Peel Pads (2-3x/wk).....		✓
Melafade Serum.....	✓	✓
Retinol + Bakuchiol 0.25 (2-4x/wk)..		✓
Nia-Genic Lotion.....	✓	✓
Mineral SPF 50 Sunscreen.....	✓	

Note: Use AHA+BHA Peel Pads & Retinol on alternate days.



Acne (with Accutane)



	AM	PM
Medi Wash.....	✓	✓
AHA+BHA Peel Pads (2-3x/wk).....		✓
Melafade Serum.....	✓	✓
Nia-Genic Lotion	✓	✓
Mineral SPF 50 Sunscreen.....	✓	

Note: Replace Nia-Genic with HA gel for oily skin, and Barrier Cream for dry skin.



	AM	PM
Medi Wash.....	✓	✓
Nia-Genic Lotion	✓	✓
Mineral SPF 50 Sunscreen.....	✓	

Note: Add prescriptions as needed. Use Barrier Cream instead of Nia-genic if dry.

	AM	PM
Light Foaming or Medi Wash.....	✓	✓
Hyaluronic Acid Gel.....	✓	✓
Nia-Genic Lotion.....		✓
Mineral SPF 50 Sunscreen.....	✓	

Note: Low dose retinol maybe an option.



	AM	PM
Light Foaming Cleanser.....	✓	✓
AHA+BHA Peel Pads (2-3x/wk).....		✓
Retinol+Bakuchiol 0.25 (2-4x/wk).....		✓
Melafade	✓	✓
Antioxidant C Serum +	✓	
Nia-Genic Lotion.....	✓	✓
Mineral SPF 50 Sunscreen.....	✓	

Note: Use AHA+BHA Peel Pads & Retinol on alternate days.

	AM	PM
Light Foaming Cleanser.....	✓	✓
Multi-Peptide Eye Cream.....	✓	✓
AHA+BHA Peel Pads (2-3x/wk).....		✓
Hyaluronic Acid Gel.....	✓	✓
Melafade	✓	✓
Retinol+Bakuchiol 0.5 (2-4x/wk).....		✓
Antioxidant C Serum +	✓	
Neck Renewal Cream.....		✓
Mineral SPF 50 Sunscreen.....	✓	